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Sophie's work is driven by over a decade of experience in urban and community forestry. Sophie has worked with organizations such as the NYC Parks Department, New York Restoration Project, the U.S. Forest Service, and the New York Tree Trust researching, planning, and implementing urban forestry programs with the goal of deepening human-nature connections in cities. She holds a B.A. in environmental studies and urban ecosystems from The New School and an M.S. in Social-Ecological Resilience Research from the Stockholm Resilience Centre.